

Here are some highlights from the Duval County Public Schools Nutrition Program for the month of December:

The Food Show

After a two-year hiatus due to the pandemic, we brought back the highly anticipated **Food Show**! This student-focused interactive tradeshow event allows students to learn, connect, and vote on new school menu items. The Food Show revitalizes students' interest in school meals by giving them a voice in what's offered on the menu.

Over 1,400 elementary, middle, and high school students across the district flocked to the Prime Osborn Convention Center on **November 2** to participate in this special event with activities including:

- Sampling potential new school menu items
- Meeting national brand partners
- Interacting with our chefs and student culinary competition teams
- Learning from local farmers and dietitians
- Running drills with the Jaguars Youth Football program
- Participating in our interactive nutrition education trivia game
- Making smoothies with our blender bike

The data collected from the taste testing will help the food service program **build menus for the upcoming school year**.

A few items that won the popular student vote were:

- Maple Sausage Breakfast Sandwich
- Chocolate Chickpea Spread with Flatbread Stackables
- Beef WonderBites Teriyaki Stir Fry Lo Mein Noodle Bowl
- Big City BBQ Beef Quesadilla
- Sticky Soy Ginger Glazed Chicken with Vegetable Fried Rice

Check out our Food Show highlight video at bit.ly/3H7sfcM.



Holiday Meal

We celebrated the season of giving in our cafeterias with a festive holiday meal on **December 7**, including roasted turkey, cornbread dressing, mashed potatoes and gravy, seasoned green beans, and apple crisp.

Mood Boost

This month we featured the **“Alert” Moodie** on elementary menus and highlighted foods that help kids stay focused throughout the day, like our winter crunch chicken salad!