

2025 FSNA Leadership Retreat

Harnessing Teamwork: The Power of the Playbook

Agenda V1 As of 4.2.2025

Please check back for the final agenda, which will be available on May 16th.

🔒 Board Members Only | ☕ Coffee Provided | 🍽️ Meal Provided | 🎁 Gift Giveaway

<u>Thursday, June 19, 2025</u>	
11:00am – 3:00Pm	FSNA Leadership Retreat Registration Opens
12:30pm – 1:30pm	Board Member Training: Building Cohesive Board 🔒 Training Facilitator: Julie Wood In this targeted 40-minute session, board members will delve into the essential principles outlined in Patrick Lencioni's *The Five Dysfunctions of a Team*, exploring the common challenges that can impede board effectiveness. Much like high-performing teams, high-performing boards excel when trust is established, communication flows freely, and conflict is approached constructively. This session will provide a practical framework for board members to identify and address dysfunctions, realign around core priorities, and cultivate a culture of collaboration, accountability, and shared commitment to success.
1:30pm – 3:00Pm	FSNA Board Meeting 🔒
3:00pm – 3:15pm	Welcome and Introductions
3:15pm – 4:30pm	Leadership Retreat Education Series – {2.25 CEUs} 4 Anchors to Success Session Facilitator: Leonard Wood & Julie Wood This keynote session addresses vulnerability, Motivation, Change Management, and Emotional Intelligence are critical components of effective leadership. This session will explore the intricate relationship between these concepts

	<p>and their impact on leadership success. Participants will gain a deeper understanding of each topic, learning how they contribute to both personal growth and professional achievement. By the end of the session, attendees will have a clearer insight into how these elements can be leveraged to enhance their leadership abilities and foster success in various environments. 📖</p> <p>L. Wood Consulting, LLC</p>
4:30pm – 5:00pm	<p>Wellness Break</p> <p>This is a brief opportunity to refresh and recharge. Step away to use the restroom, make any necessary calls, and enjoy a bit of movement to stretch, refocus and feel refreshed before continuing with the program agenda.</p>
5:00pm – 7:00pm	<p>FSNA Networking Reception 🍷</p> <p>Experience an evening of delicious cuisine and exciting entertainment at our Leadership Retreat Reception. Indulge in a selection of flavorful dishes while the DJ sets the tone with upbeat tunes, creating an unforgettable atmosphere for networking and relaxation. It's the perfect way to unwind and connect after a day of inspiring discussions.</p>
<u>Friday, June 20, 2025</u>	
8:00am – 9:30am	FSNA Leadership Retreat Registration Opens
9:00am – 9:15am	Coffee and Networking ☕
9:15am – 9:25am	Welcome and Opening Remarks
9:30am – 10:15am	Leadership Empowerment Brunch 🍽️
10:30am – 11:00am	Presentation of the 25-26 FSNA Board of Directors
11:00am – 12:30pm	<p>Closing Executive Education Sessions –{2.25 CEUs}</p> <p>Emotional Intelligence</p> <p>Session Facilitator: Leonard Wood & Julie Wood</p> <p>This session provides a comprehensive exploration of Emotional Intelligence, incorporating engaging group</p>

	<p>activities and discussions. Participants will delve into the fundamental components of Emotional Intelligence—Self-Awareness, Self-Regulation, Empathy, Motivation, and Social Skills—and uncover effective strategies for cultivating these traits both within themselves and their teams. 📁</p> <p>L. Wood Consulting, LLC</p>
<p>12:30pm – 1:00pm</p>	<p>Wellness Break</p> <p>This is a brief opportunity to refresh and recharge. Step away to use the restroom, make any necessary calls, catch up on emails and enjoy a bit of movement to stretch, refocus and feel refreshed before continuing with the program agenda.</p>
<p>1:00pm – 4:00pm</p>	<p>FSNA Connection Round Showcase</p> <p>Playmaker presentations featuring vendors informing on new products, services, recipes and distribution.</p>
<p>4:30pm – 5:30p</p>	<p>Teambuilding Exercise</p> <p>This team-building exercise focuses on fostering unity and collaboration by encouraging participants to work together toward a common goal. Through engaging activities that require communication, trust, and support, the group learns to align their efforts and develop a deeper sense of connection. By the end, participants will experience the power of being on one accord, strengthening their ability to collaborate effectively.</p>
<p>5:30pm – Until</p>	<p>Optional Dine Around & Networking</p> <p>Dine Arouns offer attendees the opportunity to explore 6 onsite restaurants or any local restaurant of their choice while networking with colleagues and fellow retreat participants. This self-guided experience allows for informal connections and meaningful conversations in a relaxed</p>

	setting. There is no registration required, and each participant is responsible for the cost of their meal. It's the perfect way to extend the retreat experience and build lasting relationships beyond the event.
<u>Saturday, June 21, 2025</u>	
8:30am – 9:00am	Networking Breakfast 🍷🍽️
11:30am	Raffle Drawing *Must Be Present to Win* 🎁
9:00am – 12:00pm	FSNA Connection Round Showcase – Playmaker Presentations featuring vendors informing on new products, services, recipes and distribution.

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